

# ONCODAILY MEDICAL JOURNAL

*abstract*

## **Free Rehabilitation Kits for Children- Herosi Foundation with PUTKA Bakery Support Program**

**Karolina Bauer**

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*abstract*



## **Free Rehabilitation Kits for Children- Herosi Foundation with PUTKA Bakery Support Program**

**Authors:** Karolina Bauer

**Affiliation:** Herosi Foundation

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**Introduction:** In 2023, the Herosi Foundation, in collaboration with the Rehabilitation Department at the Institute of Mother and Child (IMiD) and with support from the donor company PUTKA Bakery, launched a rehabilitation program for children undergoing cancer treatment at the Oncology and Pediatric Oncology Surgery Clinic at IMiD. The program aims to provide each patient leaving the clinic with a set of necessary rehabilitation equipment and instructions to continue their rehabilitation at home. So far, 250 rehabilitation kits have been purchased, meeting the needs of patients. The total cost of the project is approximately \$45,000.

**Methodology:** Children who have undergone surgeries and are undergoing cancer treatment are equipped with specialist-recommended rehabilitation equipment to continue rehabilitation at home under the supervision of trained parents. Both patients and parents receive training on how to perform exercises during their hospital stay. Each patient receives a dedicated rehabilitation set tailored to their specific surgery, along with an exercise card to guide their rehabilitation.

**Results:** The home rehabilitation program ensures uninterrupted rehabilitation, allowing children to regain physical fitness more quickly. Following the program's launch, an increasing number of patients received rehabilitation kits, fostering a positive attitude towards rehabilitation. A survey indicated that the equipment was used in almost 100% of cases, significantly motivating patients to engage in rehabilitation exercises. Noticeable improvements in physical recovery were observed during hospital checkups.

**Conclusion:** The home rehabilitation program effectively addresses the significant gap in rehabilitation services for children with cancer in Poland. By enabling continuous rehabilitation at home, the program enhances patient engagement, accelerates recovery, and improves quality of life. The collaboration between the Herosi Foundation, IMiD's Rehabilitation Department, and PUTKA Bakery has been crucial to the program's success. Future plans include continuing and expanding the program in the coming years.